

ENHANCEMENT PROPOSAL

Understanding Nutrition Labels



Objective

Assess and recommend appropriate technology to enhance course delivery, currently offered in one-day, classroom lecture/activity format.

The recommended solution will support learning outcomes and post-classroom activity; encouraging participants to continue learning in their own contexts, and increasing their ability to meet personal goals.

Learning Outcomes

- 1 Self-directed learning is applied outside of classroom.
- 2 Online social support and collaboration are utilized.

Activity

Apply label reading knowledge to personal needs when selecting products to purchase at the grocery store. Share the experience online to receive support and collaborative feedback.



Technology

- Compared Mobile and Social Media to determine most effective technology.
- Selected Mobile technology for its unique affordance of portability,

Applications

- Compared QR Code and nQuire-it mobile applications.
- Selected nQuire-it for its ability to support learner outcomes.

Recommendation

- Develop nQuire-it "Spot It" mission for label reading activity.
- Implement activity in course delivery.
- www.nQuire-it.org (free registration available)

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